

PARUL INSTITUTE OF AYURVED & RESEARCH **DAY CELEBRATION 2024**

WORLD ENVIRONMENT DAY

Department of Dravyaguna Vigyan celebrated the eve of World Environment Day 2024, by plantation of saplings of different medicinal plants on 05.06.2024. A Plantation programme was organized by Department of Dravyaguna Vigyan on the occasion of World Environment Day in Botanical Garden of Parul Institute of Ayurved and Research. Plantation was done by Principal Dr.B.G.Kulkarni Sir, Faculty Members and students of Parul Institute of Ayurved and Research. Around 150+ Herbal Plants were Planted in pots and field of Botanical Garden during this Plantation Programme. All the faculties took Oath to save the environment by all the aspects.



CHARAKA JAYANTI

Department of Samhita Siddhanta had arranged Faculty development program especially for the teaching staff of Parul Institute of Ayurved and Research. Dr. Rakesh Salve Director of Arihant Ayurvedic Medical college and Research Institute, Swarnim Start up University, Gandhinagar is well known academician and having expertise in the field of Samhita specially Ashtang Hridaya on 10.08.2024. He had given a lecture on Hidden areas of Samhita in Faculty Development Program on the occasion Charak Jayanti Celebration. Sir has explored many concepts from Ashtang Hridaya, specially related to reading and understanding of Samhita also explained tools for better understanding of Samhita.



INTERNATIONAL YOGA DAY

The Department of Swasthavritta, Parul Institute of Ayurved and Research, successfully celebrated International Yoga Day with great enthusiasm and active participation. A series of events were organized to promote awareness about the importance of yoga in leading a healthy and balanced life. As a part of the celebrations, two major competitions were conducted: the Yogasana Essay Competition on 16th June 2024 and the Yogasana Photography Competition on 17th June 2024.

Yogasana Essay Competition (16.06.2024)

The Yogasana Essay Competition was held on 16th June 2024, where students showcased their knowledge and understanding of yoga through well-articulated essays. The topics focused on the significance of yoga in daily life, its impact on mental and physical health, and its global influence. The competition aimed to encourage students to explore and express their insights on yoga and its holistic benefits. The entries were judged based on originality, clarity, coherence, and depth of knowledge. The winners were felicitated with certificates of appreciation.

Yogasana Photography Competition (17.06.2024)

On 17th June 2024, the Yogasana Photography Competition was organized to capture the essence of yoga through creative and inspiring photographs. Participants were encouraged to submit photographs that depicted the beauty, discipline, and serenity of yoga asanas. The competition provided a platform for students to blend their artistic skills with their passion for yoga. The best photographs were selected based on creativity, composition, and the ability to convey the message of harmony and well-being through yoga.

The International Yoga Day celebrations by the Department of Swasthavritta at Parul Institute of Ayurved and Research were a grand success. The events highlighted the significance of yoga in maintaining a healthy lifestyle and encouraged students to integrate yoga into their daily routines. The competitions received an overwhelming response, reflecting the growing

awareness and enthusiasm for yoga among the students. The initiative reaffirmed the institute's commitment to promoting holistic health and well-being through the ancient practice of yoga.



INTERNATIONAL BLOOD DONOR DAY

The Department of Kriya Sharir, Parul Institute of Ayurved and Research, celebrated World Blood Donor Day on June 14, 2024, with great enthusiasm. To mark this occasion, a Blood Donation Camp and a Poster Presentation Competition were organized to raise awareness about the importance of blood donation and its life-saving impact.

The event witnessed active participation from students, faculty members, and healthcare professionals. Many volunteers came forward to donate blood, contributing to the noble cause of saving lives. The Poster Presentation Competition provided a platform for students to creatively express their ideas on blood donation, its benefits, and the need for regular donors.

The initiative successfully promoted the spirit of voluntary blood donation and encouraged awareness among the participants. The Department of Kriya Sharir extends gratitude to all donors, participants, and organizers for making the event a success.



TEACHERS' DAY

Every year, we celebrate National Teachers' Day on 5th September to commemorate the birthday of Dr. Sarvepalli Radhakrishnan, the country's first Vice President and former President, scholar, philosopher, and Bharat Ratna awardee, who was born on this day in 1888. Teacher's Day is dedicated to the teachers of the nation and also the world. Teacher's Day is like an opportunity for us to show our gratitude towards our teachers. The celebration of National Teacher's Day was inaugurated by our respected Principal Dr. B. G. Kulkarni sir, and other dignitaries with the blessings of Lord Dhanvantari. For the Teachers of Parul Institute of Ayurved and Research has arranged several competitions.



WORLD ORGAN DONATION DAY

The Department of Rachana Shareer at Parul Institute of Ayurved and Research celebrated World Organ Donation Day in June 2024 by organizing an innovative Anatomical Drawing Competition. The event aimed to spread awareness about the significance of organ donation while promoting anatomical artistry among students.

The competition received an overwhelming response. Participants showcased their artistic skills by illustrating various anatomical structures, highlighting the importance of organ donation in saving lives. The event provided a unique platform for students to blend scientific knowledge with creativity, fostering a deeper understanding of human anatomy.

Through this initiative, the institute successfully engaged students in a meaningful discussion about organ donation, inspiring them to contribute to this noble cause. The success of the event reflects the commitment of the Parul Institute of Ayurved and Research to innovative education and social awareness.

The event concluded with the announcement of winners, who were recognized for their outstanding anatomical illustrations. This celebration not only encouraged artistic talent but also reinforced the importance of organ donation, aligning with the global effort to save lives through medical advancements.



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PARUL INSTITUTE OF AYURVED AND RESEARCH
(FACULTY OF AYURVED)

In association with
Technical Events Cell

Organises
SHARIR ARTVENTURE 2024 :
National Level Anatomical Drawing Competition

Submission Deadline: Saturday, 15th June 2024
Registration Fees - 99 INR /- (non-refundable)

Registration Link


Payment Link


WORLD PILES DAY

The Department of Shalya Tantra, Parul Institute of Ayurved and Research, observed World Piles Day with a significant healthcare initiative. As part of the observance, a free medical check-up camp for piles patients was organized at Khemdas Hospital from November 20, 2024, to December 20, 2024.

The camp aimed to spread awareness about piles (hemorrhoids), provide free medical consultations, and offer Ayurvedic treatment guidance to patients. Qualified Ayurvedic practitioners conducted thorough check-ups and recommended appropriate treatment plans based on individual cases.

This initiative reflects the commitment of Parul Institute of Ayurved and Research toward promoting public health and providing accessible healthcare solutions through Ayurveda. The event received a positive response, benefiting numerous patients and raising awareness about the importance of early diagnosis and treatment of piles.

